

Tribeca Oven, Inc.
Nutrition Label
F24583 Farmhouse Wheat

Nutrition Facts	
Serving Size 56 g (2 oz)	
Servings Per Container About 8	
Amount Per Serving	
Calories 100	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	9%
Sugars 0g	
Protein 4g	
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 8%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

INGREDIENTS: UNBLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTED BARLEY FLOUR), WATER, WHOLE WHEAT FLOUR, BEER, RYE FLOUR, SALT, DRY MALT (CORN SYRUP SOLIDS, MALT), YEAST

May contain Tree Nuts, Milk, Eggs and/or Soy
 Contains: Wheat