

**Tribeca Oven, Inc.**  
**Nutrition Label**  
**F24534 Granola Twist**

**Nutrition Facts**

Serving Size 56 g (2 oz)  
 Servings Per Container about 8

**Amount Per Serving**

**Calories** 130    Calories from Fat 25

% Daily Value\*

<b>Total Fat</b> 2.5g	<b>4 %</b>
Saturated Fat 0g	<b>0 %</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0 %</b>
<b>Sodium</b> 160mg	<b>7 %</b>
<b>Total Carbohydrate</b> 24g	<b>8 %</b>
Dietary Fiber 3g	<b>13 %</b>
Sugars 5g	

**Protein** 4g

Vitamin A 0%      • Vitamin C 0%

Calcium 2%      • Iron 10%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9    Carbohydrate 4    Protein 4

INGREDIENTS: WATER, UNBLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, MALTED BARLEY FLOUR), DARK RAISINS, WHOLE WHEAT FLOUR, RYE FLOUR, OATS, SUNFLOWER SEEDS, PUMPKIN SEEDS, WHEAT BRAN, FLAX SEEDS, SALT, DRY MALT (CORN SYRUP SOLIDS, MALT), YEAST

May contain Tree Nuts, Eggs, Soy and/or Milk

Contains: Wheat