

Nutrition Label

F24515 Sourdough Rustico

Nutrition Facts	
Serving Size 56 g (2 oz)	
Servings Per Container 7	
Amount Per Serving	
Calories 160	Calories from Fat 5
% Daily Value*	
Total Fat 0.5g	1 %
Saturated Fat 0g	0 %
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0 %
Sodium 340mg	14 %
Total Carbohydrate 33g	11 %
Dietary Fiber 1g	5 %
Sugars 0g	
Protein 5g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

INGREDIENTS: Unbleached Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour), Water, Whole Wheat Flour, Salt, Dry Malt (corn syrup solids, malt)

MAY CONTAIN TREE NUTS, EGGS, MILK AND/OR SOY
CONTAINS: WHEAT